**HELP**

**1** The list below contains some common illnesses. Write down each illness and explain how you might catch it.

cold

athlete’s foot

tetanus

AIDS

food poisoning

**2 a** Which special blood cells can swallow up microbes?

**b** Copy and complete the following sentences:

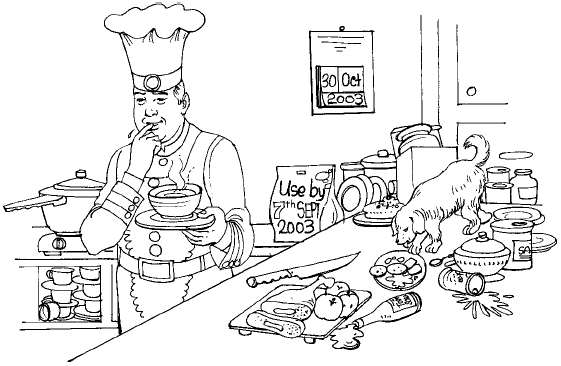
**i** An antibody is a chemical that can …

**ii** You should always wash your hands after using the toilet because …

**CORE**

**3** Barry caught chicken pox when he was very young. Explain why he has not caught it again.

**4** **a** Look at this picture. List five things that might spread disease.



**b** The chef has a tummy upset. He never leaves the kitchen. Explain how his tummy upset might be transmitted to a restaurant customer.

**EXTENSION**

**5** New mothers are advised to breast feed their babies for several months. Explain why this is good advice.

**6** Describe the three ways that white blood cells help to prevent you from becoming ill.

**7** Sam, aged 14, moved to a new house in a different part of the country. For the first few months he seemed to catch a different illness every few weeks. He could not remember being ill so often at his old house. Suggest reasons why he caught so many illnesses after he moved house.